



# PERSONAL ASSISTANCE SERVICES

## WHAT IS A PERSONAL ASSISTANT (PA)?

The role of a PA is an extremely varied and interesting one

A PA needs to be flexible and adaptable and be willing to be directed by a disabled person

Personal assistance covers a range of tasks including intimate support, driving, housework, etc

A PA User directs their own PA who provides support in their chosen lifestyle, whether at work or in a social setting

PA Services will move you on from traditional domiciliary care services

## COULD YOU BE A PERSONAL ASSISTANT (PA)?

- Do you believe that disabled people have the right to lead full and independent lives?
- Are you interested in being directly employed by a disabled person?
- Can you support someone sensitively with their intimate and personal needs?
- Are you a good listener and willing to learn new things?
- Can you assist someone with domestic tasks?
- All training is provided, no experience is necessary

## PA SERVICES

was established by disabled people who use personal assistance

- PA Services is specifically designed to put PA users in control
- ILA is managed and controlled by disabled people
- ILA works with all of the diverse communities in London, welcoming people from all backgrounds

## INDEPENDENT LIVING ALTERNATIVES

Promotes the right of disabled people to live independently through the provision of information and personal assistance

### Promoting independence since 1989

For more information contact:

Independent Living Alternatives

Trafalgar House, Grenville Place, London NW7 3SA

Tel : 020 8906 9265 Fax: 020 8959 1910

Email: [PA Services@ILAnet.co.uk](mailto:PA Services@ILAnet.co.uk) Website: [www.ILAnet.co.uk](http://www.ILAnet.co.uk)

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